

SERVICES



VIRTUAL INITIAL EVALUATION

60 MINUTES: \$135

90 MINUTES: \$185

After medical history has been reviewed, Victoria would like to put more pieces of the puzzle together by talking with you, hearing your concerns and visually seeing body presentation. Initial assessment and treatment plan will be discussed. Victoria will provide education as well as an initial home exercise program for your lymphatic system. Depending on the medical complexity, initial consults may take 60-90 minutes and the amount of time needed will be determined by Victoria and each client.



IN-PERSON INITIAL EVALUATION

90 MINUTES: \$225

After medical history has been reviewed, Victoria would like to put more pieces of the puzzle together by meeting you in person, hearing your concerns and visually seeing body presentation. Initial assessment and treatment plan will be discussed. Baseline girth measures will be obtained. A compression fitting and/or manual treatment may also be incorporated in this visit. Victoria will provide education as well as an initial home exercise program for your lymphatic system.



VIRTUAL FOLLOW-UP

30 MINUTES: \$60

60 MINUTES: \$95

Follow-up dialogue, recommendations, lymphatic home exercise program progression. The amount of time needed will be determined by Victoria and each client.



COMPRESSION FITTING

\$60

Once it is determined you are ready for a compression fitting, we request a prescription from your medical provider, so that we can work together in determining your recommended compression therapy protocol.

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CUSTOM COMPRESSION FITTING

Custom compression fitting fee varies depending on the extent of data that is needed for a proper fitting garment. Victoria will further discuss with the individual client.



MANUAL LYMPHATIC DRAINAGE (MLD)

60 MINUTES: \$125

90 MINUTES: \$175

PACKAGE OF 5: \$600

PACKAGE OF 5: \$825

PACKAGE OF 10: \$1,150

PACKAGE OF 10: \$1,550

Gold standard manual lymphatic drainage, based on the Vodder method. 60 minute session is only recommended when lymphedema or an acute swelling incident is involved to one area of the body.



COMBINED DECONGESTIVE TREATMENT (CDT)

90 MINUTES: \$210

120 MINUTES: \$265

PACKAGE OF 5: \$1,000

PACKAGE OF 5: \$1,250

PACKAGE OF 10: \$1,900

PACKAGE OF 10: \$2,400

Phase One of Complete Decongestive Therapy: A combination of gold standard manual lymphatic drainage (based on the Vodder method) with application of decongestive multi-layer bandages with varying foams or adjustable decongestive garments to the involved area. Bandaging supplies/adjustable decongestive garments are not included in the CDT fee. Victoria and the client will discuss specific supplies needed during initial consultation. Two hours of treatment is provided when additional manual treatment and/or additional bandaging application is required.



KINESIOLOGY TAPING

UNILATERAL: \$15

BILATERAL: \$25

Kinesiology taping can be beneficial in the treatment of acute and chronic swelling conditions for lymphatic drainage facilitation as well as for scar management.